



POWHATAN			POCAHONTAS			POCAHONTAS			CAVALIER			POWHATAN			POCAHONTAS			POCAHONTAS		
ARROW												ARROW								
25			34			36			3			3			38			15		
7:00 AM						2:40 PM						10:10 PM						Norfolk		
8:20 AM						4:20 PM						12:30 AM						Petersburg		
9:46 AM						5:53 PM						2:15 AM						Farmville		
↓						3:00 PM						5:00 PM						Durham		
						3:55 PM						5:58 PM						Roxboro		
						4:33 PM						6:38 PM						South Boston		
10:50 AM						6:30 PM			7:05 PM			8:45 PM			4:00 AM			Lynchburg		
			8:15 AM						2:45 PM									Winston-Salem NC		
			9:54 AM						4:21 PM									Martinsville VA		
12:15 PM	12:20 PM					8:45 PM	8:45 PM		6:25 AM	Roanoke		7:00 PM	6:45 PM	12:50 AM	10:20 AM	10:20 AM				
12:59 PM						9:38 PM	9:38 PM		7:25 AM	Christiansburg			5:59 PM	11:14 PM	9:09 AM	9:09 AM				
2:45 PM						11:40 PM	11:40 PM		10:15 AM	Bluefield WV			4:20 PM	9:10 PM	7:25 AM	7:25 AM				
5:35 PM						2:35 AM	2:35 AM		1:42 PM	Williamson			1:25 PM	5:15 PM	4:10 AM	4:10 AM				
7:32 PM						4:36 AM	4:36 AM		3:54 PM	Ironton OH			11:20 AM	2:52 PM	1:53 AM	1:53 AM				
8:05 PM	8:15 PM					5:35 AM	5:35 AM		4:50 PM	Portsmouth		10:40 AM	10:50 AM	2:15 PM	1:20 AM	1:20 AM				
↓						6:40 AM				AR Chillicothe	LV	9:24 AM	↑	↑						
	9:26 PM					7:06 AM				AR Circleville	LV	8:50 AM	↑	↑						
	9:55 PM					7:50 AM				AR Columbus	LV	8:00 AM	↑	↑						
10:45 PM																				
						8:30 AM	8:30 AM		8:15 PM	Cincinnati			8:20 AM	10:30 AM	10:20 PM	10:20 PM				
						9:14 AM				Hamilton						8:30 PM				
						9:10 AM				Richmond IN						6:32 PM				
						9:42 AM				New Castle						5:53 PM				
						10:10 AM				Anderson						5:24 PM				
						11:00 AM				Kokomo						4:40 PM				
						11:45 AM				Logansport						4:00 PM				
						1:08 PM				Crown Point						2:38 PM				
						2:10 PM				Chicago IL						1:45 PM				

		BIRMINGHAM	BIRMINGHAM	CAVALIER	PELICAN	TENNESSEAN	TENNESSEAN
		SPECIAL	SPECIAL				
		17	17	41/15	41	45	45
New York	NY	12:35 PM		6:40 PM	6:40 PM	1:20 AM	
Newark	NJ	12:50 PM		6:55 PM	6:55 PM		
Trenton				7:39 PM	7:39 PM		
Philadelphia	PA	2:09 PM		8:17 PM	8:17 PM		
Wilmington	DE	2:37 PM		8:44 PM	8:44 PM		
Baltimore	MD	3:40 PM		9:45 PM	9:45 PM	5:35 AM	
Washington	DC	4:50 PM	4:50 PM	11:55 PM	11:55 PM	8:35 AM	
Charlottesville		7:18 PM	7:18 PM	2:37 AM	2:37 AM	11:11 AM	
Lynchburg		8:55 PM	8:55 PM	4:20 AM	4:20 AM	12:55 PM	
Roanoke		10:13 PM	10:13 PM	6:25 AM	5:55 AM	2:20 PM	
Christiansburg		11:02 PM	11:02 PM	7:25 AM	6:46 AM	3:07 PM	
Bluefield	WV			10:15 AM			
Williamson				1:35 PM			
Radford	VA		11:27 PM		7:13 AM	3:32 PM	
Pulaski		11:27 PM	11:49 PM		7:37 AM	3:55 PM	
Bristol		11:49 PM	2:10 AM		10:00 AM	6:20 PM	6:20 PM
Johnson City	TN	2:10 AM	2:45 AM		10:52 AM	6:55 PM	6:55 PM
Greeneville		2:45 AM	3:35 AM		11:47 AM	7:49 PM	7:49 PM
Morristown		3:35 AM	4:20 AM		12:37 AM	8:36 PM	8:36 PM
Knoxville		4:20 AM	5:15 AM	7	1:40 PM	9:45 PM	9:45 PM
Chattanooga		5:15 AM	7:45 AM	4:15 PM	4:00 PM	11:50 PM	12:45 AM
Tulahoma		7:25 PM					3:55 AM
Murfreesboro							5:20 AM
Nashville							6:30 AM
Gadsen	AL				6:33 PM		
Birmingham		9:11 AM			8:00 PM		
Huntsville		10:30 AM	10:40 AM	7:05 PM		2:20 AM	
Decatur			11:30 AM	7:53 PM		3:05 AM	
Sheffield			12:50 PM	9:05 PM		4:20 AM	
Corinth	MIS		2:35 PM			5:31 AM	
Memphis	TN		5:35 PM			7:45 AM	
Tuscaloosa	AL				9:52 PM		
Meridian	MIS				12:55 AM		
Laurel					2:32 AM		
Hattiesburg					3:20 AM		
New Orleans	LA				6:55 AM		
Meridian	MIS				3:20 AM		
Jackson					7:00 AM		
Vicksburg					8:40 AM		
Tallulah	LA				9:13 AM		
Monroe					11:00 AM		
Ruston					11:59 AM		
Shreveport					2:15 PM		

		TENNESSEAN		PELICAN	CAVALIER	BIRMINGHAM SPECIAL	BIRMINGHAM SPECIAL
		46	46	42	16/42	18	18
New York	NY	12:45 AM	6:25 AM	12:20 PM	12:20 PM		4:25 PM
Newark	NJ	12:30 AM	6:05 AM	12:05 PM	12:05 PM		4:09 PM
Trenton		11:41 PM	5:18 AM	11:13 AM	11:13 AM		3:12 PM
Philadelphia	PA	10:52 PM	4:36 AM	10:27 AM	10:27 AM		2:24 PM
Wilmington	DE	10:20 PM	4:05 AM	9:52 AM	9:52 AM		1:50 PM
Baltimore	MD	9:15 PM	3:00 AM	8:45 AM	8:45 AM		12:45 PM
Washington	DC	8:30 PM	8:10 PM	8:00 AM	8:00 AM	11:25 AM	12:00 PM
Charlottesville			5:30 PM	3:36 AM	3:36 AM	8:47 AM	8:47 AM
Lynchburg			3:55 PM	1:58 AM	1:58 AM	7:15 AM	7:15 AM
Roanoke			2:42 PM	12:40 AM	12:40 AM	6:02 AM	6:02 AM
Christiansburg			1:38 PM	11:07 PM	11:07 PM		
Bluefield	WV				9:10 PM		
Williamson					5:15 PM		
Radford	VA		1:20 PM	10:47 PM		4:44 AM	4:44 AM
Pulaski			12:59 PM	10:23 PM			
Bristol		10:40 AM	10:50 AM	7:55 PM		2:20 AM	2:20 AM
Johnson City	TN	9:52 AM	9:52 AM	6:47 PM		1:31 AM	1:31 AM
Greeneville		9:06 AM	9:06 AM	5:53 PM		12:44 AM	12:44 AM
Morristown		8:20 AM	8:20 AM	5:00 PM		11:57 PM	11:57 PM
Knoxville		7:25 AM	7:25 AM	3:55 PM	8	11:00 PM	11:00 PM
Chattanooga		3:35 AM	3:35 AM	11:20 AM	10:50 AM	7:00 PM	7:00 PM
Tulahoma		11:20 PM					
Murfreesboro		10:00 PM					
Nashville		9:00 PM					
Gadsden	AL			8:44 AM			4:37 PM
Birmingham				7:30 AM			3:30 PM
Huntsville			12:45 AM		8:05 AM	3:15 PM	
Decatur			12:10 AM		7:15 AM	2:20 PM	
Sheffield			11:10 PM		5:55 AM	12:50 PM	
Corinth	MIS		9:50 PM			11:10 AM	
Memphis	TN		7:40 PM			8:00 AM	
Tuscaloosa	AL			5:32 AM			
Meridian	MIS			2:55 AM			
Laurel	LV			1:10 AM			
Hattiesburg	LV			12:20 AM			
New Orleans	LA			9:00 PM			
Meridian	MIS			2:15 AM			
Jackson				11:30 PM			
Vicksburg				9:55 PM			
Tallulah	LA			8:56 PM			
Monroe				7:30 PM			
Ruston				6:25 PM			
Shreveport				4:30 PM			

POWHATAN			POWHATAN			POWHATAN		
ARROW			ARROW			ARROW		
25			26			26		
POCAHONTAS			POCAHONTAS			POCAHONTAS		
3			3			16		
CAVALIER			CAVALIER			CAVALIER		
15			15			4		
7:20 AM	3:25 PM	11:25 PM	Richmond	VA	11:10 PM	7:00 AM	3:10 PM	
8:10 AM → 8:20 AM	4:15 PM → 4:20 PM	12:30 AM	Petersburg		10:30 PM → 10:35 PM	5:50 AM	2:20 PM → 2:30 PM	
9:46 AM	5:53 PM	2:15 AM	Farmville		8:59 PM	3:42 AM	12:43 PM	
10:50 AM	7:05 PM	4:00 AM	Lynchburg		8:00 PM	2:30 AM	11:40 AM	
12:15 PM	8:45 PM	6:25 AM	Roanoke		6:45 PM	12:50 AM	10:20 AM	
12:59 PM	9:38 PM	6:46 AM	Christiansburg		5:59 PM	11:14 PM	9:09 AM	
2:45 PM	11:40 PM		Bluefield	WV	4:20 PM		7:25 AM	
5:35 PM	2:35 AM		Williamson		1:25 PM		4:10 AM	
7:32 PM	4:36 AM		Ironton	OH	11:20 AM		1:53 AM	
8:05 PM	5:35 AM		Portsmouth		10:50 AM		1:20 AM	
10:45 PM	8:05 AM		Cincinnati		8:20 AM		10:20 PM	
		7:13 AM	Radford			10:47 PM		
		7:37 AM	Pulaski			10:23 PM		
		10:00 AM	Bristol			7:55 PM		

639	13	3/1			14	644	2/48
		7:35 PM	New York	NY			8:20 AM
		7:50 PM	Newark	NJ			8:04 AM
		8:35 PM	Trenton				7:19 AM
		9:05 PM	Philadelphia	PA			6:21 AM
5:35 AM		11:35 PM	Harrisburg			7:45 PM	5:00 AM
9:20 AM	9:45 AM	2:05 AM	Hagerstown	MD	2:50 PM	4:30 PM	1:45 AM
	11:47 AM	3:54 AM	Front Royal	VA	12:33 PM		11:54 PM
	2:34 PM	6:38 AM	Waynesboro		9:58 AM		9:32 PM
	3:51 PM	7:51 AM	Buena Vista		8:33 AM		8:24 PM
	5:40 PM	9:30 AM	Roanoke		7:00 AM		6:50 PM

103	3		4	104
	8:00 AM	Norfolk VA	4:00 PM	
	8:50	Suffolk	3:10	
	2:20	Alta Vista	9:35	
7:30 AM	4:00 PM	Roanoke	8:00 AM	4:35 PM
8:30		Merrimac		3:30
10:55		Princeton WV		1:20
4:45 PM		Charleston		7:55 AM