



POWHATAN				POCAHONTAS				CAVALIER				POWHATAN				POCAHONTAS			
ARROW												ARROW		CAVALIER					
25		34		36		3		3		38		15		33		26		16	
7:00 AM						2:40 PM						10:10 PM		Norfolk VA		11:55 PM		8:00 AM	
8:20 AM						4:20 PM						12:30 AM		Petersburg		10:30 PM		5:50 AM	
9:46 AM						5:53 PM						2:15 AM		Farmville		8:59 PM		3:42 AM	
↓				3:00 PM		↓		5:00 PM				↓		Durham		↑		↑	
				3:55 PM				5:58 PM						Roxboro NC				11:45 AM	
				4:33 PM				6:38 PM						South Boston				10:43 AM	
10:50 AM		8:15 AM		6:30 PM → 7:05 PM				8:45 PM				4:00 AM		Lynchburg		8:00 PM		2:30 AM	
		9:54 AM												Winston-Salem NC				8:00 AM	
														Martinsville VA					
12:15 PM		12:20 PM				2:45 PM						6:25 AM		Roanoke		11:00 PM		2:00 PM	
12:59 PM						4:21 PM								Christiansburg		9:16 PM		12:13 PM	
2:45 PM						8:45 PM						6:25 AM		Bluefield WV		7:00 PM ← 6:45 PM		10:20 AM	
5:35 PM						8:45 PM						6:25 AM		Williamson		6:45 PM		10:20 AM	
7:32 PM						9:38 PM						7:25 AM		Ironton OH		5:59 PM		9:09 AM	
8:05 PM → 8:15 PM						11:40 PM						10:15 AM		Portsmouth		4:20 PM		7:25 AM	
						2:35 AM						1:42 PM		Chillicothe		1:25 PM		4:10 AM	
						2:35 AM						3:54 PM		Circleville		11:20 AM		4:10 AM	
						4:36 AM						4:50 PM		Columbus		2:52 PM		1:53 AM	
						5:35 AM								Cincinnati		10:40 AM → 10:50 AM		1:20 AM	
						6:40 AM						4:50 PM		Hamilton		2:15 PM		1:20 AM	
						7:06 AM								Richmond IN		8:20 AM		11:37 PM	
						7:50 AM						8:15 PM		New Castle		10:30 AM		10:58 PM	
						8:30 AM								Anderson				10:15 PM	
						8:30 AM								Kokomo		8:20 AM		10:20 PM	
						9:14 AM								Logansport		10:30 AM		8:30 PM	
						9:10 AM								Crown Point				6:32 PM	
						9:42 AM								Chicago IL				5:53 PM	
						10:10 AM												5:24 PM	
						11:00 AM												4:40 PM	
						11:45 AM												4:00 PM	
						1:08 PM												2:38 PM	
						2:10 PM												1:45 PM	

111	4	101/22			23	152	21/108
6:30 AM		11:35 PM	New York	NY		6:35 PM	6:25 AM
6:45 AM		11:55 PM	Newark	NJ		6:20 PM	6:05 AM
7:31 AM		12:55 AM	Trenton				5:18 AM
8:12 AM		1:48 AM	Philadelphia	PA		5:06 PM	4:36 AM
8:45 AM		2:22 AM	Wilmington	DE		4:39 PM	4:05 AM
9:51 AM		3:25 AM	Baltimore	MD		3:40 PM	3:00 AM
10:40 AM	→ 11:05 AM	5:35 AM	Washington	DC	2:35 PM	→ 3:00 PM	2:10 AM
	1:35 PM	8:30 AM	Richmond	VA	12:20 PM		10:15 PM
	2:30 PM	9:15 AM	Petersburg		11:15 AM		9:20 PM
	<b>4:05 PM</b>	<b>10:55 AM</b>	<b>Norfolk</b>		<b>8:40 AM</b>		<b>7:35 PM</b>

		SUNLAND					
		29	25	27	7	107	RF&P 29 31
Washington	DC	5:35 AM	11:05 AM		3:30 PM		5:25 PM
Alexandria	VA	5:53 AM	11:22 AM		3:49 PM		5:45 PM
Fredericksburg		6:58 AM	12:17 PM		4:52 PM		7:06 PM
Richmond		8:30 AM	1:35 PM	3:25 PM	6:15 PM →	6:55 PM	8:40 PM → 9:25 PM
Petersburg		9:15 AM	2:30 PM	6:15 PM			10:30 PM
<b>Norfolk</b>		<b>10:55 AM</b>	<b>4:05 PM</b>	<b>8:20 PM</b>		<b>9:20 PM</b>	<b>11:55 PM</b>

		RF&P 10	RF&P 20	24	26	32	20
Washington	DC	8:00 AM	9:45 AM		2:35 PM	7:35 PM	1:25 AM
Alexandria	VA	7:37 AM	9:23 AM		2:15 PM	7:13 PM	1:03 AM
Fredericksburg		6:05 AM	8:40 AM		1:24 PM	6:19 PM	11:55 PM
Richmond		4:50 AM	7:45 AM	9:00 AM	12:20 PM	5:15 PM	10:40 PM
Petersburg				8:20 AM	11:15 AM	4:20 PM	9:20 PM
<b>Norfolk</b>				<b>7:00 AM</b>	<b>8:40 AM</b>	<b>2:40 PM</b>	<b>7:35 PM</b>

103	3		4	104
	8:00 AM	Norfolk VA	4:00 PM	
	8:50	Suffolk	3:10	
	2:20	Alta Vista	9:35	
7:30 AM	4:00 PM	Roanoke	8:00 AM	4:35 PM
8:30		Merrimac		3:30
10:55		Princeton WV		1:20
4:45 PM		Charleston		7:55 AM